

The Department of Psychology

<u>Vision</u>

- > Through fostering a culture of inquiry, innovation, and critical thinking, we aim to nurture students who are not only adept in psychological theory and practice but are also empowered to challenge existing paradigms and contribute to the advancement of mental health, well-being, and social justice globally.
- > Our vision is rooted in a commitment to the scientific study of psychology, ensuring that students are trained to think critically, analyze data rigorously, and engage in ethical practices.
- > We envision our department as a dynamic learning environment where academic rigor meets practical application, and where diverse perspectives are celebrated.
- > Our vision also includes an unwavering commitment to fostering interdisciplinary collaborations.
- > Our vision is to cultivate a next generation of psychological professionals and scholars who are prepared to address the complexities of human behaviour and the challenges of modern society with empathy, innovation, and integrity.
- Our department is not only committed to producing skilled professionals but also to shaping individuals who understand the power of psychological science to foster healing, promote positive change, and contribute to the betterment of society.
- ➢ In achieving these visions, we will be a department where intellectual rigor, ethical responsibility, and compassionate care are harmoniously woven together to advance the human condition, one mind at a time.

Mission

- > The mission of the Psychology Department is to provide a comprehensive and transformative education to undergraduate and postgraduate students, enabling them to understand, analyze, and apply psychological principles to both theoretical and real-world contexts.
- > Our academic programs are designed to inspire intellectual curiosity, develop critical thinking, and foster the development of professional competence, ethical awareness, and cultural sensitivity in all students.
- > Our curriculum is structured to offer a broad understanding of psychological theories, research methods, and the application of psychological principles in diverse settings. Through interactive learning experiences, practical training, and exposure to real-world issues, we seek to prepare students for careers in psychology and related fields.
- > At the undergraduate level, we aim to build a strong foundation in the core areas of psychology, including cognitive, behavioural, emotional, and social aspects of human functioning. Our graduate programs are designed to produce wellrounded psychologists who can critically evaluate, conduct, and apply research to improve individual and societal well-being. Students are encouraged to engage in interdisciplinary studies, collaborate with peers and faculty, and participate in community outreach programs that emphasize the importance of psychology in everyday life.
- > At the postgraduate level, our mission is to cultivate advanced scholarly knowledge and expertise in specialized areas of psychology. We focus on developing research skills, fostering independent thinking, and encouraging students to contribute to the scientific understanding of psychological phenomena.
- > Overall, we aim to contribute to both local and global efforts to improve mental health outcomes, enhance emotional resilience, and promote well-being through evidence-based interventions.

FUTURE PLAN

- The department plans to promote the idea of spirituality and wellbeing to the community at large.
- The department plans to generate knowledge beyond horizon through intellectual practices and achieve academic excellence in basic and applied aspect of psychology.
- > The department intends to develop research programes that directly address community needs and improve the quality of life of individuals.
- Last but not the least, the department plans to enhance the practices among students to develop a positive attitude and to remain peaceful in life while facing any situations.